

Francesca Biffi

Education

2002 Masters Degree - Social Work, Loma Linda University, Loma Linda, California, USA

1999 Masters Degree - Clinical Psychology, Università La Sapienza di Roma, Roma, Italy

Work Experience

Self-employed, July 2023 – Present, California

Psychotherapist

Individual psychotherapy to adults. Specializing in depressive and anxiety disorders, life transitions, sense of self issues, trauma. Psychodynamic, trauma-informed, CBT, and mindfulness-based approaches. Trained in Interpersonal psychotherapy, drug treatment and relapse prevention.

U.S. Department of Veterans Affairs, Sep 2021 - Jun 2023 ·Full time 1 yr and 10 mos., Oakland, California, United States

Clinical Social Worker

Conducted diagnostic assessments, developed care plans, provided behavioral health services, rehabilitative services, psychotherapy, clinical case management, care coordination, and crisis intervention to Veterans experiencing life crisis in an outpatient setting.

Conducted community outreach and advocacy to support linkage to resources.

Coordinated care with psychiatrists and medical teams. Provided individual and group psychotherapy.

Supervised unlicensed clinicians.

California Department of Corrections & Rehabilitation -Full-time · 2 yrs

Licensed Clinical Social Worker Jul 2019 – Jul 2020 Folsom, California, United States

Performed psychosocial evaluation of prisoners suffering from acute and chronic mental health conditions such as Depression, Bipolar Disorder, Anxiety, Addictions.

Conducted clinical intake assessment and diagnosis; initial crisis intervention and suicide risk assessment; treatment planning; orientation and individual counseling and therapy.

Conducted discharge planning and therapy groups. Ensured safety of prisoners and colleagues in collaboration with custodial staff.

Clinical Social Worker Jun 2018 - Jul 2019 · San Quentin, California, United States

Collaborated with interdisciplinary team of physicians, physician assistants, nurses, and nurse practitioners to provide supportive and comprehensive care for prisoners with severe mental disorders hospitalized in the Psychiatric Inpatient Program designated to death row inmates.

Provided a comprehensive and highly structured approach to treatment that included a psycho-educational component as well as a wide range of social work services and support to those experiencing emotional, social and behavioral disorders.

Developed, implemented and evaluated treatment planning, progress notes and objectives towards goals.

Berkeley Food & Housing Project · Full-time Sep 2017 - Jun 2018, · Berkeley, California, United States

Director of Clinical and Residential Services

Ensured quality of client services and client program activities, in addition to program compliance with grants and contracts. Created and implemented relevant staff training such as group clinical supervision to various teams providing training and clinical case oversight to the agency direct staff. Provided support and direct supervision to the agency's three residential program managers to ensure an effective client service delivery system that met or exceeded benchmark goals.

U.S. Department of Veterans Affairs - 3 yrs and 6 mos.

Site Supervisor Full-time Mar 2016 - Sep 2017, Martinez, California, United States

Coordinated all aspects of new homeless veterans' eligibility determination, database input and tracking, and case manager assignment. Supervised a diverse, multidisciplinary team that included case managers of varying degrees of licensure and experience, housing specialists, and a Substance Abuse Specialist. Provided training, orientation, consultation, problem-solving and guidance within team members' respective areas of clinical practice. Worked collaboratively with my team to develop attainable individual goals, to identify benchmarks and timelines, to implement action plans, and to monitor performance and provide feedback.

HUD VASH Case Manager Full-time Jun 2015 - Mar 2016, · Oakland, California, United States

Coordinated intensive case management services for chronically homeless veterans who received housing provided through HUD Section 8 vouchers. Functioned as a community advocate and a liaison to private and public landlords, VA and non-VA service providers, Oakland and Alameda County Housing Authorities, and other community resources. Provided individualized behavioral health interventions to help clients cope with challenges and psychosocial stressors such as mental health symptoms, substance abuse, and often problematic community interactions with neighbors and landlords. Wrote social history evaluations and treatment plans and documented daily activities and meetings with veterans.

CWT Coordinator Full-time Nov 2014 - Jun 2015, · San Francisco, California, United States

Managed the Transitional Work Experience and two transitional residences for homeless veterans. Triaged referrals to the CWT program and made appropriate staff assignment. Completed comprehensive psychosocial assessment to identify strengths, needs, social support systems, disabilities, and barriers to accessing housing and available treatment options. Completed treatment plans and formulated behavioral health interventions, in addition to quarterly updates and assured veterans received adequate support and referrals to community partners and agencies to ensure wraparound services.

Case Manager Part-time Feb 2014 - Nov 2014, · San Francisco Bay Area

Worked as a part of a multidisciplinary effort to help stabilize the most vulnerable and fragile homeless veterans in the city of San Francisco and Bay Area. Coordinated case management services for veterans who received

housing provided through HUD Section 8 vouchers. Provided veterans with linkage to healthcare and other supportive services offered through the VA medical facility and surrounding community.

California Department of Corrections & Rehabilitation - Full-time · 7 yrs and 10 mos.

Clinical Social Worker Jul 2007 - Feb 2013 · 5 yrs 8 mos., · Oakland, California, United States

Provided recovery-based rehabilitative services to parolees in an outpatient setting to reduce criminal recidivism and to enhance public safety through symptom management and acquisition of quality of life skills. Coordinated care and routinely consulted with parole agents regarding community supervision and transition following incarceration. Key foci of treatment were substance abuse relapse prevention, management of self-injury and aggression, coping with stress and adversity, and development of supportive social networks. Provided individual and group therapy to sex offenders.

Clinical Social Worker May 2005 - Jul 2007 · 2 yrs 3 mos., San Quentin, California, United States

Provided clinical intake assessment and diagnosis; initial crisis intervention and suicide risk assessment; treatment planning; medication management; orientation and supportive counseling for institutional adjustment; individual counseling and therapy; discharge planning and therapy groups (Dual Diagnosis and Social Skills).

Patton State Hospital Full-time Sep 2002 - Jan 2005 · 2 yrs and 5 mos., Patton, California, United States

Psychiatric Social Worker

Assessed and treated adult, forensic patients committed to the California Department of Mental Health as Mentally Ill Offenders and Not Guilty by Reason of Insanity. Developed and implemented behavioral treatment plans designed to reduce risk of patient suicide and assault. Served as a member of a multidisciplinary treatment team. Provided crisis management and individual and group psychotherapy with a heterogeneous patient population (diagnoses typically include one or more of the following: mood or psychotic mental disorder, personality disorder, substance abuse, borderline intellectual functioning, cognitive disorders, PTSD, and sexual disorders). Functioned as a liaison between patients, their families, and attorneys. Completed evaluations and written court ordered assessments.