

SIMONETTA FOSCI
Licensed Clinical Social Worker

EDUCATION

Masters of Social Work, June 2010

California State University, San Bernardino, California.

Master's Thesis: The Quality of Life of the Severely Mentally Ill as Described by Social Workers

Master of Arts, Psychology

Developmental Concentration, March 2005

California State University, San Bernardino, California.

Master's Thesis: Acculturation and Attachment among Mexicans and Mexican Americans

Master of Clinical Psychology, July 1999 graduated cum laude,

Universita' La Sapienza di Roma, Rome, Italy.

Master's Thesis: Effects of Sexual Abuse among Women

High School Diploma Specialization in Teaching and Education, June 1993

Istituto Magistrale "V. Colonna," Rome, Italy.

CERTIFICATE

Dialectical Behavioral Therapy, February-November 2014

Department of State Hospitals, Napa, California.

Psychoanalytic Therapy, June 2004

Los Angeles Institute and Society of Psychoanalytic Studies, Los Angeles, California.

Specialization School in Human Sexuality and Counseling, July 1999

Istituto di Sessuologia Clinica di Roma, Rome, Italy.

PROFESSIONAL EXPERIENCES

Clinical Social Worker:

Jul. 2015 – Present

San Quentin State Prison, San Quentin, California.

I provide crisis evaluation and interventions, including risk assessment and brief intensive therapy to adult inmate/patients committed to the California Department of Correction and Rehabilitation.

I have coordinated referrals to the Department of State Hospitals and audit clinicians' treatment plans to ensure that inmate/patients are referred to the proper level of mental health care. I

complete integrated and psychosocial assessments, administer full psychosocial evaluations, provide case management services, work as a part of interdisciplinary teams, document psychosocial and other treatment modalities in compliance with established standards, and maintain and follow State mandated reporting laws.

Clinical Social Worker:

Sep. 2010 – July 2015

Napa State Hospital, Napa, California.

I provided individual and group treatment to disenfranchised, adult, forensic patients committed to the California Department of Mental Health as Mentally Ill Offenders and Not Guilty By Reason of Insanity. I provided case management to 42 patients and summarized case information for use in diagnosis, treatment, and discharge planning; collaborated in the formulation of a diagnosis; developed, monitored, and modified treatment plans in collaboration with the

interdisciplinary treatment team; identified and recommended appropriate services and referrals; provided individual and group therapy including substance abuse, coping skills, relapse prevention, discharge planning as delineated in the treatment plan; provided suicide and crisis risk assessment and intervention; participated in risk assessment, evaluation, and recommendation for alternate level of care placement, for release to the community; coordinated discharge planning and housing; coordinated access to community support and services; advocated and responded to requests from clients/patients, family members, courts, and community agencies; consulted with colleagues and other staff on behavior management treatment issues; I also developed and facilitated psycho educational groups that I taught to a heterogeneous patient population along with implementing a comprehensive DBT program for patients with history of trauma, PTSD, and Borderline Personality Disorder. I completed integrated and psychosocial assessments, administered full psychosocial evaluations, provided case management services, worked as a part of interdisciplinary teams, documented psychosocial and other treatment modalities in compliance with established standards, and maintained and followed State mandated reporting laws.

Program Assistant:

May 2013 – Aug. 2013 and Jun. 2014 – Sep. 2014 Napa State Hospital, Napa, California.
Assisted a Program Director in a staff capacity with the administration of a treatment program for the mentally disabled. Participated in program planning, development, and implementation; and planned, coordinated, audited, and evaluated patient/resident care and treatment; supervised staff and developed appropriate staffing patterns; served as a resource on equipment, techniques and current practices; coordinated services within the hospital and with other facilities and agencies; established program priorities; and acted for the Program Director in the Director's absence when so required.

Clinical Therapist:

Oct. 2007 – Apr. 2008 Department of Mental Health, County of Riverside, Hemet, California.
Conducted assessment and individual, collateral, group and family psychotherapy, designed and implemented personalized treatment plans, carried out treatment in coordination with psychiatrists, psychologists, case managers, and community agencies, in order to meet the needs of consumers and/or families with mental or emotional disorders, assisted the consumers and their families in understanding the nature of major psychological illness and their psychosocial effects and choosing options of mental health treatment.

Consultant:

Aug. 2007 – Oct. 2007 Stella Maris Growth Center, Moreno Valley, California.
Provided individual counseling to high-risk teenage girls in a group home setting. Completed written reports.

Restaurant Supervisor:

Sep. 2003 – Oct. 2008 Romano's Italian Restaurant, Riverside, California.
Supervised, trained, and disciplined staff and handled customer complaints and concerns, collaborated with management to develop and carry out ideas and procedures to improve restaurant performance, counseled staff on work related concerns and issues to ensure satisfaction and productivity.

Consultant:

May 2003 – Jul. 2003 CASA – Child Advocacy Program, San Bernardino, California.
Interviewed high-risk minors and preparation and evaluation of assessment reports.

Child Case Manager:

Oct. 2002 – May 2003 CASA - Child Advocacy Program, San Bernardino, California.
Provided and/or coordinated case management services on behalf of the minors referred to the program by the Juvenile Court. Responsible for volunteer screening, training supervision, support, and coordination of cases. Worked with the executive director in administrative duties.

TEACHING EXPERIENCES**Adjunct Faculty:**

Jan. 2015 – June 2015 Brandman University, Fairfield, California.
I teach psychology classes to graduate students enrolled in the Marriage and Family Therapy program. I teach current theoretical and clinical approaches to the etiology and treatment modalities (including harm reduction model) of substance/addiction disorders, from assessment to aftercare, including referral/community resources for addicts and their families. I also teach how to create treatment plans for people with addiction disorders and the impact of co-occurring disorders. Treatment planning, maintaining change, relapse prevention, self-help groups/recovery, and referral protocols for at risk populations such as adolescents, women, ethnic minorities, LGBT, veterans/military are major study units.

Instructor:

Mar. 2010 – Sep. 2010 The Foundation for CSUSB, San Bernardino, California.
Provided evidence-based parent education classes that helped participants develop, practice and strengthen the skills that allow them to enhance their effectiveness as parents. Facilitated parenting classes in English and Spanish to both mandated and voluntary clients.

Instructor:

Oct. 2008 – May 2009 FSA, Family Service Association, Riverside, California.
Provided individual in-home parenting classes in Spanish to clients mandated by the court system. The 10-week course provided counseling as well.

Part-time Instructor:

Sep. 2002 – Jun. 2004 Psychology Department, California State University, San Bernardino.
Subject: Social and Personal Adjustment (PSYC 115)
Objectives of the class were to teach students how to apply psychological theories and principles to everyday life situations and to improve skills for college success.

INTERNSHIP**Graduate Intern:**

Sep. 2009 – Sep. 2010 Patton State Hospital, Patton, California.
Provided individual and group treatment to adult, forensic patients committed to the California Department of Mental Health as Mentally Ill Offenders and Not Guilty By Reason of Insanity. I also developed and facilitated a new curriculum for a psycho educational group that I taught to a heterogeneous patient population. Completed integrated and psychosocial assessments, administered full psychosocial evaluations, provided case management services, worked as a part of interdisciplinary teams, prepared mock court report, documented psychosocial and other treatment modalities in compliance with established standards, and maintained and followed State mandated reporting laws.

Graduate Intern:

Sep. 2008 – Jul. 2009 FSA, Family Service Association, Riverside, California.

Performed clinical intake assessments and diagnoses, provided individual psychotherapy to individuals, families, couples, and minors, provided individual counseling to high-risk minors on probation, provided psycho educational parenting classes both in English and Spanish.

Graduate Intern:

Jan. 2002 – Apr. 2002 CASA - Child Advocacy Program, San Bernardino, California.
Duties included working in an interdisciplinary team, providing individual interviews to the children, and court appearances on behalf of the children.

RESEARCH EXPERIENCE

Master Degree Thesis: California State University, San Bernardino.
The Quality of Life of the Severely Mentally Ill as Described by Social Workers

Master Degree Thesis: California State University, San Bernardino.
Acculturation and Attachment among Mexicans and Mexican-Americans.

Master Degree Thesis: Universita` La Sapienza di Roma, Roma, Italy.
Effects of Sexual Abuse among Women.

VOLUNTEER EXPERIENCE

Court Appointed Special Advocate/Guardian at Litem:

Apr. 2002 – Sep. 2010
Responsible for advocating for two children in the child welfare system. The goal is to provide a professional, consistent, and supportive relationship with the children, as well as provide information to the juvenile court on behalf of the children.

Community Psychology:

Apr. 1997 Movimento di Strada, Guatemala City, Guatemala.
Volunteered for field work for one month in Guatemala and assisted Gerard Lutte, professor within the department of Developmental Psychology at University La Sapienza di Roma, on his project, Movimento di Strada. The movement was created to identify homeless and drug dependent children involved with prostitution in order to offer them the opportunity to become part of an organization that provides housing, employment, and social support.

LANGUAGES

Fluent in Spanish and Italian.